



Get to know:Paige Demosky

[Back to Articles...](#)

How old were you when you started riding?

I was seven years old.

Where did you ride growing up?

I started at Paramount Equestrian Center and rode there for 8 years before moving to Grayton Farms where I trained over the last 3 years.

Were you a good student?

I like to think I was!

When did you start showing?

When I was ten years old.

Do you get nervous?

Sometimes, but when I'm showing I prefer to be nervous because it means I'm fully invested.

What do you do to help with your nerves?

Embrace them with deep breaths!

What would you do if you weren't riding?

Right now, I'm on a little break from riding to attend university.

When did you buy your first horse?

My parents bought me my first horse, Brin, when I was twelve. He was around 16 at the time and honestly a school master, the perfect post-pony horse.

What horses do you have now? What are they all like?

I currently own and have competed with my gelding Esquire de la Sina (Squire) for the last year. He's very brave and experienced well beyond his 8 years. I also have two horses at home, a miniature Rosie and my first horse Brin, I like to think they're an old married couple. I also have a 10 year old gelding, Boomer, who I used to ride and compete with until I wanted to move up and start riding and competing more consistently. My mom now rides and lessons on him which is nice as long as he decides to behave.

Do you have any advice for young riders?

Figure out what you want to achieve with your riding and respect every person/horse that helps you along the way while achieving your goals.



Get to know:Paige Demosky

[Back to Articles...](#)

What do you do in your spare time?

I recently discovered a love for the TV show Friends, so Netflix and I are best friends at the moment.

What could you not live without?

Scary movies, my family and my animals.

Name 3 things most people don't know about you:

I love to draw, I'm double jointed in my fingers/toes and I'm afraid of the dark.

Describe yourself in 5 words:

Organized, quiet, smiley, mature, compassionate