



Danielle van der Werf and Stal VDW

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WHAT IS A NORMAL DAY LIKE FOR YOUR HORSES?

They are fed first thing, then they go on the walker for a 40 minute stroll. Later in the morning they are ridden, following by turn out for half the day if the paddocks are completely dry and it's nice out. While some client horses go outside year-round, my own competition horses don't go outside in the winter at all unless it's very warm out.

WHAT ARE SOME OF YOUR HORSES' 'LIKES'?

The huge windows they have in their stalls so they can hang their heads out to compensate for less turn out when it's rainy.

WHAT ARE SOME OF YOUR HORSES' 'DISLIKES'?

They hate their stall neighbours! They drive each other crazy, even though they can't see each other.

CAN YOU DESCRIBE THEIR PERSONALITIES?

They all have their own cheeky personalities. I am guilty of making them a bit spoiled with treats. They beg!

WHAT ARE THEY LIKE AT THE HORSE SHOWS?

All of my horses only use their show bits when they go in the ring. I never use the show bit to school any other time once I find a bit that I like, so when their show bits go in they know it's game time!

WHAT DO YOUR HORSES EAT?

They eat [Nutrena] XTN for energy, [Masterfeeds] Podium complete pellets for my hot ones, and Step 8 (high-fat, high-fibre) to bulk them up if they get too light. They all are supplemented with lysine for their muscles, flax for their Omega 3s, and Corta Flex for their joints.

WHAT KIND OF EXERCISE PROGRAM ARE YOUR HORSES ON?

The horses are ridden five days each week in winter, and six days during show season. They usually have three harder exercise days each week, two of which are jumping. I don't believe in jumping the horses big at home, unless preparing to go to a show. I prefer more smaller and more technical exercises. They also go on the treadmill on an incline program four days a week to keep the big jumping muscles strong, and to keep working on tone.

WHO SUPPORTS YOUR HORSES?

My husband works hard to support my own riding.

WHERE DID YOU PURCHASE YOUR HORSES?

Holland and Germany are the most common purchase places for me, though Gala Pierreville lived in



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France for most of his life.

WHAT HEIGHTS DO YOU COMPETE WITH YOUR HORSES?

Aside from Gala Pierreville and Salvatore, who jumped the 1.50-1.60m level, my other horses were bought as youngsters and developed to the 1.45m level.