

Warm Up Ring Tips Holly Grayton

Back to Articles...

- -It's important to let the other riders know where you are going, whether it's to head to a jump or to steer around them... BUT, yelling out 'OXER!' doesn't give other riders enough information to stay out of your way! Rather, you should state your track 'inside', 'around you', or 'outside'.
- -When jumping in a Canadian warm-up ring, or in an FEI warm-up ring, take note of the colored flags on the standards. You must jump the jumps in the direction so that the Red flag is on your Right.
- -You should always pass oncoming riders 'left to left' meaning the oncoming rider should come by you on your left, or your left hand and the other rider's left hand should be next to one another... Except if you are going to a jump or landing from a jump, in which case you should remain on the inside track from the riders flatting.
- -Keep your EYES and EARS open at all times in the warm-up ring!!
- -When you are deciding which jump should be yours in the warm-up ring, first count how many warm-up jumps there are. If there are 5 warm-up jumps to be shared, then you shouldn't have a jump before you are 5 on the call (unless the person who is 1 away on the call finishes early). So, find out who is 5 in front of you on the call, and when they are done warming up you should have their jump... it's just the math nobody can have that jump but you!